Recommended Clothing list for Hessdalen 2026

1-Mountain boots (gore tex)
2-Wellies
3-Wool socks - 2pcs
4-Hunting jacket w/hood
5-Hunting pants
6-Jacket wind / rainproof
7-Trousers wind / rainproof
8-Insulation jacket / fleece jacket


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9-Wool sweater, thick
10-Gloves (wool lined) 2pcs
11-Wool cap
12-Caps


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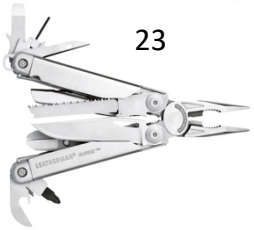
13-Underwear change - 4pcs
15-Socks - 4pcs
16-Underwear; long legs, wool panties - 2pcs
17-Underwear; long arms, wool top - 2pcs
18-Woolnet underwear (optional)
19-T shirt 2pcs
20-Wool sweater, high neckline - 2 pcs
21-Shirt, flannel
22-Scarf


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23-Knife / Multi-tool
24-Headlight and batteries
25-Flashlight and batteries
26-Compass


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27-Sleeping bag (comfort temp. down to -15 degrees Celsius)
28-Sleeping pad (inflatable)


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29-Water bottle 2 liters (2x1liter)
30-Thermos 1-2 liters

31-Emergency food ration
32-Cutlery
33-Cup
34-Matches & lighter
35-Gas burner
(Trangia stove)


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36-Toiletries
37-Sunglasses
38-First aid kit and pain reliever
39-Toilet paper

40-Backpack, minimum 80l
41-Waterproof bag/dry sac ca 30l (underwear, sweaters etc.)
42-Gaffa tape/duct tape (small roll)
43-Rope, thickness 3-6mm / length 10m
44-Load straps 3m – 2pcs


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